



**eagala**

The Global Standard for Equine Assisted  
Psychotherapy & Personal Development



# Introduction to the Eagala Model

Palmwoods QLD | 28<sup>th</sup> July 2018

## Workshop Objectives

This one-day workshop is designed to introduce Eagala Model equine-assisted psychotherapy and how the Eagala Model facilitates interventions for psychotherapy and personal development through working experientially with horses.

## Learning Outcomes

- ✓ Understand the theoretical foundation of the Eagala Model and the four unique Eagala Model standards
- ✓ Learn why horses are a valuable part of the professional team and how they help facilitate the process
- ✓ Demonstrate, through experiential activities with the horses, how clean observation is used in facilitation
- ✓ Understand the Eagala Model Code of Ethics and how it upholds the Eagala standard of professionalism
- ✓ Understand the Eagala Model certification process
- ✓ Develop self-awareness through experiential time spent with the horses

Learn more at [eagala.org](http://eagala.org)

## Who should attend

Registered Mental Health Professionals and Equine Professionals who are interested in exploring Eagala Model equine-assisted psychotherapy and personal development.

## Logistics

Time: 8:30 am – 4:00 pm

Location: Equine Alliance  
79 Hunchy Road, Palmwoods QLD  
4555

Cost: AUD\$350 per person

## Registration

[Click here to register](#)

## Contact

Holly Ohlson  
Equine Specialist, Eagala Advanced  
Certified & Mentor  
Mob: 0413 337 007  
[info@horsesenseforhumans.com.au](mailto:info@horsesenseforhumans.com.au)

Helen Sorensen  
ACA Level 2 Mental Health  
Professional, Eagala Advanced  
Certified & Mentor  
Mob: 0408 067 664  
[helen@equine-alliance.com.au](mailto:helen@equine-alliance.com.au)

Note: Attending this workshop is not a requirement to complete Eagala certification and does not qualify participants to practice the Eagala Model.